

*“Love is the spirit of this church and service is its law. This is our great covenant: to dwell together in peace, to seek the truth in love, and to help one another.”*

— James Vila Blake

### **The Seven Principles**

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

### **Our Mission**

Working toward a more just and inclusive society, our congregation supports spiritual growth and service with open doors, minds, and hearts:

***Open doors*** for welcoming our diverse island communities and visitors;

***Open minds*** for exploring differing ideas and beliefs;

***Open hearts*** for deepening our connection with others and ourselves.

To receive our weekly Eblast, please scan this code



## **Welcome to the Historic Unitarian Universalist Meeting House Nantucket Island**

*Open Doors*

*Open Minds*

*Open Hearts*

**Sunday October 20th, 2024**

## **How to be Church**

### **Order of Service**



**Founded in 1809  
Second Congregational Meeting House Society  
Unitarian Universalist**

## Order of Service

**Prelude - Nocturne In Bb -** Nigel Goss  
- John Feild

**Welcome/Opening Words** Rev. Dr. Althea Smith

### **Announcements**

**Lighting the Chalice** – Love Remains the Center All  
“We light this flame to remind us: love is the center.  
As we grow and connect, mature and deepen:  
Love remains the center.  
When the light of truth burns all else away: love remains.”  
-Eric Hepburn

**Affirmation** All  
Love is the doctrine of this church.  
Our faith in each other is its sacrament.  
Working for justice and living with compassion is its prayer.  
Reverently, we covenant together  
to side with love, to heal and not to harm,  
and to share hope with each other and with the world.  
- Lucas Hergert

**Greeting One Another** All

**Hymn # 6 Just As Long As I Have Breath** All

**Story for All Ages** – excerpts from *The Orange Splot* Leyah Jensen  
Daniel Manus Pinkwater

**Meditation to feel Deeper, Calm and Connection** Rev. Althea

**Hymn #123 Spirit of Life** All

**Joys and Concerns** All

**Silence** All

**Hymn # 86 Blessed Spirit Of My Life** All

**Reflection – How to be Church** Rev. Dr. Althea Smith

### **Musical Interlude**

**Our Gifts We Bring** Rev. Dr. Althea Smith

**Offertory Fire Of Commitment** UU Meeting House Choir  
- Jason Shelton, Mary Katherine Morn

**Doxology** All  
“From all that Dwells below the skies  
Let faith and hope with love arise  
Let beauty truth and good be sung  
Through every land by every tongue.  
Amen.”

**Hymn # 318 We Would Be One** All

**Extinguishing the Chalice** All  
“Each of us was created in the image of Love.  
Wherever we come from, wherever we’re going.  
Whoever we are, whomever we love.  
We proclaim with Love on our side:  
Our bodies are sacred. Our minds are blessed. Our spirits are  
beloved. May we be open to receiving more love, always more Love.”  
- Karishma Gottfried

**Blessing** Rev. Althea

**Postlude - Sonata In G minor**  
- LV Beethoven

### Sunday Morning Participants

**Sunday Service Leader – Rev. Dr. Althea Smith**  
**Music Director – Nigel Goss**  
**The UU Meeting House Choir**  
**Tech Assistant – Deirdre Duffy**

# 6 Just as Long as I Have Breath

♩ = 120

1. Just as long as I have breath, I must ans - wer,  
 2. Just as long as vi - sion lasts, I must ans - wer,  
 3. Just as long as my heart beats, I must ans - wer,

"Yes," to life; though with pain I made my way,  
 "Yes," to truth; in my dream and in my dark,  
 "Yes," to love; dis - ap - point - ment pierced me through,

still with hope I meet each day. If they ask what  
 al - ways: that e - lu - sive spark. If they ask what  
 still I kept on lov - ing you. If they ask what

I did well, tell them I said, "Yes," to life.  
 I did well, tell them I said, "Yes," to truth.  
 I did best, tell them I said, "Yes," to love.

⊕ Words: Alicia S. Carpenter, 1930- , © 1981 Alicia S. Carpenter

Music: Johann G. Ebeling, 1637-1676,

⊕ harmony rev. by John Edwin Giles, 1949-1996

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# Spirit of Life

123

*♩ = 56 Unison*

The musical score is written for a unison voice part. It consists of five systems of music, each with a vocal line and a piano accompaniment line. The key signature has one flat (B-flat), and the time signature is 2/2. The tempo is marked as quarter note = 56. The lyrics are: "Spir - it of Life, come un-to me. Sing in my heart all the stir-rings of com - pas - sion. Blow in the wind, rise in the sea; move in the hand, giv-ing life the shape of jus-tice. Roots hold me close; wings set me free; Spir - it of Life, come to me, come to me." The piano accompaniment features chords and moving lines in both hands, supporting the vocal melody.

Spir - it of Life, come un-to me. Sing in my  
heart all the stir-rings of com - pas - sion. Blow in the  
wind, rise in the sea; move in the hand, giv-ing  
life the shape of jus-tice. Roots hold me close; wings set me  
free; Spir - it of Life, come to me, come to me.

Words & music: Carolyn McDade, 1935- , © 1981 Carolyn McDade,  
⊕ harmony by Grace Lewis-McLaren, 1939- , © 1992 Unitarian Universalist  
Association

SPIRIT OF LIFE  
8.12.8.12.8.10.

LOVE AND COMPASSION

# Blessed Spirit of My Life

86

$\text{♩} = 96$

The musical score is written for voice and piano. It consists of six systems of music. Each system has a vocal line on a treble clef staff and a piano accompaniment on a bass clef staff. The key signature is one sharp (F#) and the time signature is 4/4. The tempo is marked as quarter note = 96. The lyrics are as follows:

1. Bless - ed Spir - it of my life, give me strength through  
2. Spir - it of great mys - ter - y, hear the still, small  
stress and strife; help me live with dig - ni - ty;  
voice in me. Help me live my word - less creed  
let me know se - ren - i - ty. Fill me with a vis - ion,  
as I com - fort those in need. Fill me with com - pas - sion,  
clear my mind of fear and con - fu - sion. When my thoughts flow  
be the source of my in - tu - i - tion. Then, when life is  
rest - less - ly, let peace find a home in me.  
done for me, let love be my leg - a - cy.

⊕ Words & music: Shelley Jackson Denham, 1950- ,  
© 1987 Shelley Jackson Denham

PRAYER  
7.7.7.7.6.9.7.7.

## We Would Be One

$\text{♩} = 69$

1. We would be one as now we join in sing-ing  
2. We would be one in build-ing for to - mor - row

our hymn of love, to pledge our - selves a - new  
a no - bler world than we have known to - day.

to that high cause of great - er un - der - stand - ing  
We would be one in search - ing for that mean - ing

of who we are, and what in us is true.  
which binds our hearts and points us on our way.

⊕ Words: Samuel Anthony Wright, 1919-  
Music: Jean Sibelius, 1865-1957, arr. from *The Hymnal*, 1933,  
© 1933, renewed 1961 Presbyterian Board of Christian Education

FINLANDIA  
11.10.11.10.11.10.

We would be one in liv - ing for each oth - er  
As one, we pledge our - selves to great - er ser - vice,

to show to all a new com - mu - ni - ty.  
with love and jus - tice, strive to make us free.